



CenterPointe Hospital offers a comprehensive range of behavioral health services for adolescents, ages 12 to 17.

Our continuum of inpatient and outpatient treatment options provide levels of care that address a wide spectrum of patient needs.



Inpatient Treatment

Inpatient treatment offers treatment modalities and services designed to address age-specific needs. Our experienced staff, under the direction of the attending psychiatrist, provides acute care services for a complete range of psychiatric disorders. Inpatient treatment includes:

- comprehensive evaluation
- crisis stabilization
- group and individual therapies
- medication management
- education sessions
- expressive therapies (including art and music therapies)

Intensive Outpatient Program (Evening)

The evening intensive outpatient program (IOP) is a less intensive level of care for adolescents with psychiatric disorders. The program meets three evenings each week and is available at three locations. Program times vary by location and a light snack is provided.

Using a group modality, the program provides opportunities for patients to learn crisis stabilization, healthy living, problem-solving, and coping and relapse prevention skills through group therapy, discussions, role playing and informational sessions. Each patient receives medication management through the admitting psychiatrist.

For more information or to schedule an assessment, contact:

CenterPointe Hospital

4801 Weldon Spring Parkway
St. Charles, MO 63304
800-345-5407
636-477-2136 Admissions

St. Charles Outpatient

4801 Weldon Spring Parkway
St. Charles, MO 63304
800-345-5407

South County Outpatient

5000 Cedar Plaza, Suites 180, 380
St. Louis, MO 63128
Suite 180 314-842-5910
Suite 380 314-842-4463

West County Outpatient

763 South New Ballas Rd. Suites 130, 310
St. Louis, MO 63141
Suite 130 314-292-7373
Suite 310 314-292-7323