

CO-SPONSORS

CenterPointe Hospital welcomes and thanks the following co-sponsors, each with interests in alcohol and other drug dependency education, prevention, intervention, treatment and/or research, who join in recognizing National Alcohol and Drug Addiction Recovery Month: **National Council on Alcoholism and Drug Abuse-St. Louis Area (NCADA)**, **Missouri Recovery Network (MRN)**, **Missouri Nurses Association (MONA)**, **Employee Assistance Professionals Association-St. Louis Chapter (EAPA)** and **Missouri Substance Abuse Professionals' Certification Board (MSAPCB)**.

REGISTRATION

The presentation is free of charge, but **registration is required** as seating is limited. You may register by completing the form on this brochure and returning it to the address listed on the form. For more information, call **636-477-2175** or email **rshort@cphmo.net**.

Participants applying for continuing education credit must complete the registration form and indicate the type of CE credit desired. Please include payment by check when mailing the registration form. Make checks payable as indicated on the CE section of the form. Credit card payment is not available.

Registration is not considered complete until payment (as required) and a completed registration form are received. Participants will receive registration confirmation by mail or email.

ADDITIONAL INFORMATION

Seminar Location: St. Louis Marriott West, 660 Maryville Centre Dr., St. Louis, Mo. 63141. For driving directions or hotel information, contact St. Louis Marriott West at **314-878-2747**.

COMPLETE THIS FORM AND MAIL TO:

Chronic Pain and ADDICTION
CenterPointe Hospital
5931 Highway 94, South
St. Charles, MO 63304

If applying for continuing education credit, check the appropriate box and enclose a check for the amount indicated. Make checks payable as noted. **Registration is not considered complete until payment (as required) and a completed registration form are received.**

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TITLE _____ **SOC. SEC. #** _____
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SOCIAL WORKER

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CEUs (— contact hrs.)
\$15 payable to
UM-St. Louis

PHYSICIAN (pending approval)
CMEs
\$25 payable to
CenterPointe Hospital

CEAP (pending approval)
PDHs
No charge

NURSE (pending approval)
contact hours
No charge

SUBSTANCE ABUSE PROFESSIONAL (pending approval)
CEUs
No charge

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HOSPITAL
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Chronic Pain
and
ADDICTION

FRIDAY, SEPT. 24, 2010



Employee Assistance Professionals Association, Inc. St. Louis Chapter



PSYCH CARE CONSULTANTS RESEARCH



In recognition of
National Alcohol and Drug Addiction
Recovery Month



presents

Chronic Pain
and
ADDICTION

8 A.M. TO NOON
FRIDAY, SEPTEMBER 24, 2010
ST. LOUIS MARRIOTT WEST
ST. LOUIS, MO

Co-sponsored by



CHRONIC PAIN AND ADDICTION

There are hundreds of thousands of individuals who live with chronic pain each day. Among the more popular treatment options of choice is the use of prescription medications—primarily opioids—that many individuals use to manage and cope with the relentless persistence of their chronic pain. Inherent to the nature and classification of these prescription drugs, physiological dependence and addiction are problems that plague many who experience chronic pain and attempt to find relief. Many...but, not all. Under a physician's care and, with attention to proper dosing, a lot of individuals can appropriately manage a short- or long-range course of prescription pain medication.

Conversely, there's no denying that prescription pain medication abuse and addiction are among our nation's fastest growing drug problems. Plenty of adults—young and old—and even teenagers are seeking these drugs for improper, recreational use and many have become physiologically and psychologically addicted. The craving and desperation to feed their abuse and addiction force these individuals to go to great lengths and develop extraordinary resources for obtaining these drugs—usually illegal, or at best, unethical.

LEARNING OBJECTIVES

Learning objectives for *Chronic Pain and Addiction* include: **Addiction vs. Appropriate Use of Prescription Medication; Management, and Treatment Outcomes of Prescription Drug Abuse:** An overview of how to differentiate between abuse and appropriate use of prescription pain medication and treatment options for each. This portion of the seminar will help attendees learn about the:

- difference between abuse and addiction, and the patient with chronic pain or other medical problems
- ways to distinguish the difference between addicts and individuals using prescription medications appropriately for appropriate indications
- essential issues key to helping counselors deal with patients with addiction and chronic pain issues

- pharmacologic management of prescription drug addiction, specifically opioid drugs and the role of the counselor
- use of opioids in chronic pain treatment, and the myths that surround its appropriate use
- outcomes of the various approaches to treating individuals with prescription drug abuse/addiction.

The Reality of Prescription Drug Abuse and Addiction: An overview of the growing problem of prescription drug abuse, national trends, how drug dependents obtain prescriptions for non-medical use, and ways to identify abuse, diagnose addiction and determine the potential for treatment. This portion of the seminar will help attendees learn about the:

- current epidemiology of prescription substance abuse
- the rapid and ongoing increase in opiate abuse (including hydrocodone, oxycodone, meperidine and Demerol; how/why this increase has affected heroin use
- abuse of prescription stimulants including ADHD medications
- abuse in the elderly/geriatric population
- signs and symptoms of prescription drug abuse; diagnosing addiction, and assessing patients for appropriate treatment.

THE AGENDA

Registration and Continental Breakfast 7:15 to 8 a.m.
Welcome and Introductions
Azfar Malik, MD 8 to 8:15 a.m.
Distinguishing Addiction from Appropriate Use of Prescription Medication
William Yarborough, MD 8:15 to 9:15 a.m.
Therapeutic Management of Addiction
William Yarborough, MD 9:15 to 10 a.m.
Break. 10 to 10:15 a.m.
Pharmacologic Management and Treatment Outcomes of Prescription Drug Abuse
William Yarborough, MD 10:15 to 11 a.m.
The Reality of Prescription Drug Abuse and Addiction
David Ohlms, MD 11 a.m. to Noon

THE PRESENTERS



William Yarborough, MD, FACP, is an associate professor of medicine, medical director of the Internal Medicine Clinics and director of the fourth-year medical student program at University of Oklahoma College of Medicine-Tulsa. He also serves as

medical director of 12 & 12 Alcohol and Drug Rehabilitation, Inc. Dr. Yarborough is board-certified in internal medicine, has completed advance work in addiction medicine and pain management and is a certified medical review officer.

He also serves as a consultant to the Oklahoma State Medical Association, Physician Recovery Program. He has been awarded six research grants, submitted nine poster abstract presentations and published five original papers.



David L. Ohlms, MD, is medical director of chemical dependency services at CenterPointe Hospital in St. Charles. He has been a practicing physician in the fields of general psychiatry and addiction disease for more than 35 years and is one of the world's most

respected authorities on addiction. He is partner of Ohlms Institute, LLC, medical director for Anheuser-Busch employee assistance program, and an international consultant and lecturer on addiction disease.

Dr. Ohlms has published or presented more than 200 works and has produced more than 25 educational videos including *Disease of Alcoholism, Ecstasy and Club Drugs, Workplace Drug Abuse Training for Supervisors and Managers, Addiction Disease and Relapse.*

CONTINUING EDUCATION

The Chronic Pain and Addiction seminar has been submitted for approval for continuing education units (CEUs) for psychologists, social workers and counselors through University of Missouri-St. Louis. Upon approval, participants may earn .__ CEUs (__contact hours) for attendance.

This program has been planned and implemented in accordance with the Essential Areas and policies of the Missouri State Medical Association through the joint sponsorship of Boone Hospital Center and CenterPointe Hospital. Boone Hospital Center is accredited by the MSMA to provide continuing medical education for physicians.

Boone Hospital Center designates this educational activity for a maximum of __ AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This seminar has been submitted for approval for professional development hours (PDHs) through the Employee Assistance Certification Commission. Upon approval, CEAP participants may earn __ PDHs for attendance.

Chronic Pain and Addiction has been submitted for approval for CEUs through the Missouri Substance Abuse Professionals Credentialing Board (MSAPCB). Upon approval, substance abuse professionals may earn __ CEUs for attendance.

This continuing nursing education activity has been submitted for approval to the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Upon approval, participants may earn __ contact hours.

CENTERPOINTE HOSPITAL

CenterPointe Hospital is a 104-bed private psychiatric hospital serving the inpatient and outpatient behavioral health needs of children, adolescents and adults in the metropolitan St. Louis area, southeastern and central Missouri, and southern and central Illinois.

The Hospital provides assessment, crisis intervention and referral services in its service area through regional offices and assessment teams. Inpatient and outpatient treatment services are available at the St. Charles facility, and outpatient services are provided at five additional satellite locations. CenterPointe has the region's only private residential chemical dependency treatment program for adults and offers outpatient programs that include partial hospitalization, intensive outpatient and a Suboxone® outpatient program.