



**CenterPointe**  
HOSPITAL

## **SILVER LINING PROGRAM**

### **Senior Inpatient Treatment**

When seniors receive specialized care that is designed for their unique life stage, it can make a life-changing difference. The Silver Lining program provides inpatient treatment for seniors age 65 and older who are struggling with severe symptoms of various mental health conditions, substance use disorders, and dual diagnosis concerns. Highlights include:

- Programming that is designed to address the unique concerns older adults face
- Care that is customized to meet each person's individual needs
- Round-the-clock support from a multidisciplinary team of experts

## Care Experience

Seniors can expect to take part in daily group therapy sessions led by master's-level clinicians, with discussion topics tailored to address their specific therapeutic goals.

They may also participate in experiential therapies like art and music therapies, while family and individual therapies are available on a case-by-case basis.

Depending on a person's individual circumstances, their treatment plan may also include on-site medical detox, medication-assisted treatment, and medication management.

## Length of Stay

Hospitalization is usually a short-term experience because the goal is for patients to continue treatment at a lower level of care or return home safely. For this reason, most seniors receive care in the Silver Lining program for seven to 10 days.



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