



CenterPointe offers confidential assessments at no cost to determine the appropriate level of care for seniors.

For more information about Silver Lining inpatient or outpatient programs, call:
636-477-2136, Option 1
800-345-5407 Toll Free

The Medicare-based outpatient programs are available at multiple CenterPointe Hospital locations:

CenterPointe Hospital
4801 Weldon Spring Pkwy.
Weldon Spring, MO 63304
636-477-2136 Main
636-477-2111 Outpatient

CenterPointe
South County Outpatient
5000 Cedar Plaza, Suite 180
St. Louis, MO 63128
314-842-5910

CenterPointe
West County Outpatient
763 S. New Ballas Rd., Suite 130
St. Louis, MO 63141
314-292-7373

Transportation may be available for Outpatient Programs.

www.CenterPointeHospital.com



SILVER LINING

CenterPointe's Silver Lining Program for Seniors holds the philosophy that each senior adult is unique with a rich history of life experiences. Current stressors and difficulties represent only a small part of who the senior adult is. We partner with the senior and their family or residence facility in the treatment of those issues, and we also celebrate with the senior the other characteristics they possess.

CenterPointe operates on the belief that the aging process does not eliminate the capacity to learn and change. To the highest potential of the senior adult's abilities, we encourage insight, initiative and empowerment. Our environment and programming are tailored to meet the specific needs of older adults and we offer a comfortable, homelike atmosphere, with caring compassionate staff to help the senior through each step of their treatment.

Inpatient Treatment

Under the direction of the psychiatrist, and with input from the senior adult and family, a multidisciplinary treatment team develops an individualized treatment plan for each senior. Together, we provide a clinically sophisticated, safe, supportive and responsive treatment environment. The inpatient treatment regimen is designed to meet each senior's specific needs through a variety of approaches, and may include individual therapy, reminescent therapy, group therapy, therapeutic recreation therapy, activities of daily living, medication management and family meetings.

Outpatient Treatment

CenterPointe's outpatient program for seniors provides half-days or full days of behavioral health treatment in a less restrictive environment that does not require an overnight stay and is designed for seniors experiencing moderately severe symptoms. Patients appropriate for this level of care have adequate family or environmental support, have reduced the crisis level in their lives and may utilize the program as either a "stepdown" following acute inpatient care or as the first point of treatment.

Our senior adult program may provide treatment for a variety of behavioral health conditions, including, but not limited to:

- ◆ Severe Depression
- ◆ Severe Anxiety
- ◆ Suicidal Ideation
- ◆ Trauma
- ◆ Marked Personality Changes
- ◆ Excessive Fears and Suspiciousness
- ◆ Alterations in Sleeping and Eating Patterns
- ◆ Altered Perceptions, such as Delusions & Hallucinations
- ◆ Non-compliance with Outpatient Treatments and Medication Regimens
- ◆ Withdrawal from Family, Friends and Others
- ◆ Substance Abuse such as Prescription Drugs or Alcohol